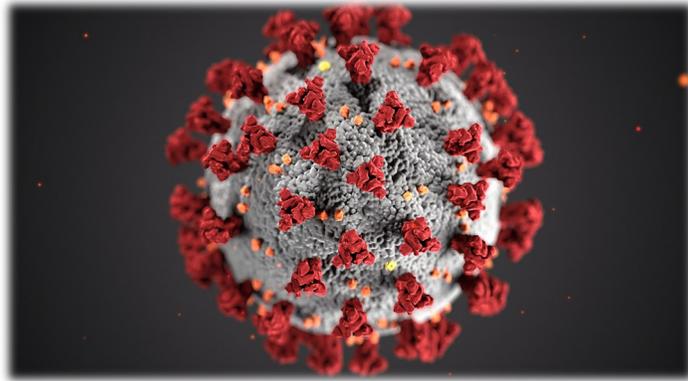


# **Al-Ikhlas Training Academy**



# **COVID-19**

# **SAFETY PLAN**

# **2021 - 2022**

**12555 McDougall St.**

**Detroit, MI 48212**

The following is Al-Ikhlās Training Academy's COVID-19 safety plan for protecting students, teachers, and staff members. Please review carefully and implement for the safety of all.

## **VACCINATION**

Vaccination is one of the most effective ways to decrease the risk of COVID-19 in schools. Vaccinated adults and teenagers help protect younger children who are not yet eligible for vaccination. Al-Ikhlās Training Academy requires proof of vaccination for all teachers and staff, as well as substitute teachers and parents who volunteer in the classroom and/or attend meetings and events on campus. If unvaccinated, then one must give reasons as to why not and take a COVID test periodically. Students who are vaccinated will be asked to also provide a copy of their vaccine card.

## **FACE COVERING**

All adults and students, even if fully vaccinated, are required to wear face coverings while at school to prevent the spread of infection. This includes family members and caregivers dropping off and picking up students.

- Face coverings or masks must cover both the nose and mouth at all times.
- The school strongly encourages the use of medical grade surgical masks, KF94, KN95, or two-or-three-layer cotton masks.
- Students and staff who are unable to wear a mask because of **documented** medical contraindications must wear a non-restrictive alternative, such as a face shield with a drape on the bottom, as long as their condition permits it.
- Face masks with valves (exhalation valves or vents) are prohibited in the school since they do not prevent the transmission of COVID-19. Other face coverings prohibited include tea towel or dishcloth, cotton t-shirt, natural silk, scarf or bandana, and one-layer neck gaiters.
- Face shields will not be used in place of face coverings, except by students and staff who have a medical exemption.
- The school will keep a supply of face coverings for individuals who have forgotten to bring one. Anyone not exempt from wearing a mask will be excluded from campus if they refuse to wear one provided by the school.
- Fully vaccinated adults do not need to wear a mask in a private workspace as long as no students are present.

Face masks are not required outdoors, but recommended and encouraged by the school.

## **VENTILATION AND WINDOWS**

The school will maximize the use of windows, exterior doors to yards, interior doors to the hallway, and the ventilation system to maximize intake of fresh air and minimize recirculated air. Every classroom has windows that open to the outside and doors to hallways for cross-breeze.

When windows and doors must remain closed because of poor air quality or inclement weather, each classroom and office will use portable air purifiers with HEPA-filters.

## **CLASSROOM STUDENT CAPACITY**

Preschool and Kindergarten classes will have a cut off of 15 students per class. For grades 1—12 the student cut off will be 20 per classroom. This allows for at least 3 feet spacing around each student.

## ILLNESS POLICY

Anyone who has symptoms of infectious illness, such as influenza and COVID-19, must stay home and consult their healthcare provider for testing and care. Symptoms can include fever, chills, cough, difficulty breathing, fatigue, body aches, headache, loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, and diarrhea.

- If a student is sick with symptoms of COVID-19 or any infectious disease, that student must stay home until they are symptom-free for 24 hours without medication.
- The siblings of a student who is sick with symptoms of COVID-19 or any infectious disease must remain at home, *unless they do not have symptoms and are tested twice weekly.*
- If a student or anyone in their household is considered a close contact (meaning exposed to a COVID-positive person), that student and their siblings must remain at home, *unless they do not have symptoms and are tested twice weekly.*

If a student tests positive for COVID-19, that student must remain at home for the quarantine period **and follow MDHHS guidelines for quarantine.**

- This policy also applies to staff and their children who attend ATA.

A child who is sick at school will wait for pickup in a designated area with their masks on. When a parent or caregiver arrives, the child will walk outside to meet their pickup person, if possible, since children are most often infected by an unvaccinated adult in their home.

**Testing for Symptoms/Exposures:** Students and staff who display symptoms at school will be tested, then sent home. If exposed to someone with COVID-19 at school, they will be asked to test themselves at home using **test kits** provided by the school. Those who are fully vaccinated or have had COVID-19 in the last 3 months do not have to quarantine after close contact as long as they do not have symptoms.

Per state guidance, there is a modified quarantine for unvaccinated students who have close contact at school. They can continue to attend school if:

- Both the student and the infected person wore face masks **consistently and correctly**
  - The student continues to appropriately mask, as required
  - The student is tested twice a week during the quarantine period
  - The student does not develop any symptoms that are new or unexplained by another condition
- Students must not participate in extracurricular activities such as sports until their quarantine period ends.**

**Testing Data:** All testing data (positive and negative results) will be shared with MDHHS.

## HAND HYGIENE

The school will follow pre-COVID protocols by teaching and promoting handwashing throughout the day, especially before and after eating, after using the rest room, and after handling garbage, or removing gloves.

Al-Ikhlas Training Academy provides disposable wipes so that commonly used surfaces (for example, door-knobs, keyboards, copiers, desks, other work tools and equipment) can be wiped down by employees before each use.

## **CLEANING AND DISINFECTING**

The school will follow pre-COVID protocols unless there is a COVID-19 case, in which case the affected room (s) will be disinfected. Paper-based materials like books do not need cleaning between uses. Outdoor play structures do not need cleaning and disinfection between groups. We will perform increased environmental cleaning and disinfection .

Employees should sanitize their work areas upon arrival, throughout the workday, and immediately before leaving for the day .

We will all routinely clean and disinfect all frequently touched surfaces in the workplace, such as workstations, keyboards, telephones, handrails, and doorknobs.

## **PHYSICAL DISTANCING**

Physical distancing WILL BE REQUIRED, especially for higher-risk activities, such as eating snack and lunch and during indoor activities.

## **CONTACT TRACING**

The school will follow MDHHS **guidance for when someone has suspected or confirmed COVID-19**. Administrative Assistant Hadiyah Ahmad and school Principals are the designated liaisons to MDHHS and will support the contact tracing process.

## **DATA AND EVALUATION**

The school will cooperate with MDHHS data collection efforts to measure and monitor COVID-19 transmission, and evaluate and ensure the effectiveness of infection prevention and control measures. Administrative Assistant Hadiyah Ahmad and school Principals will be responsible for the following:

Track illnesses and absences in the school and log information in a password-protected spreadsheet.

- Determine if illnesses or absences are COVID-related
- Provide guidance on isolation protocols and encourage testing
- Report test results to MDHHS and determine next steps (including notifications and contact tracing)

## **CLASS TRANSITION OR CHANGES**

Students will remain in the same classroom for most of their classes. This will cut down on the loss of time which would be required sanitizing a classroom whenever there is a change of students. During transition of classes, teachers will move instead of students. There will be some slight exceptions for combined classes, i.e. (Arabic, Islamic Studies, Health, etc.) Those classes will be held in the Musallah or auditorium in order to provide ample room for social distancing.

## **LUNCH OR SNACKS**

**Students will consume lunch from their desks while maintaining social distance. Students must wash their hands before they eat. Teachers will dismiss students to do so in increments so as to maintain social distancing while washing hands. Disinfectant wipes and sprays will be available for desks to be disinfected before and after eating.**

## **WUDU AND PRAYER**

**Social distance will be maintained during wudu and prayer times. Students are expected to keep masks on while praying. If needed, two jama'as will take place in order to accommodate for space. Students may bring their own individual prayer mats. Disposable sheets to pray upon will be available.**

## **PHYSICAL EDUCATION AND OUTDOOR ACTIVITIES**

**Physical education will take place outdoors during the first and last quarters of the school year. Students will be expected to keep their masks on and maintain distance during any outdoor or indoor physical activities. Indoors physical education will take place only if it possible to maintain social distance.**

**We are prepared to transition fully to online learning if needed in case of a “second wave” and widespread required closures.**

If you or somebody you know is experiencing fever, cough, or shortness of breath, with possible exposure to someone who has traveled or potentially been exposed to COVID19, please seek immediate medical help and contact:

- **Detroit Health Department: 313-876-4000, 24 hours a day**
- **State of Michigan MDHHS COVID-19 Hotline: 1-888-535-6136, 8 a.m. to 5 p.m.**

The best defense against any contagious illness is frequent and effective handwashing and seeking immediate medical assistance if experiencing symptoms.

Below are recommendations that we included in our letters to families and staff.

- Washing your hands with soap and water.
- Avoiding touching your eyes, nose or mouth with unwashed hands.
- Covering your mouth and nose with a tissue or upper sleeve when coughing or sneezing.
- Avoiding contact with people who are sick.
- Staying home if you are sick and contact your healthcare provider.

Please refer to the links below for the most current information on taking precautions, symptoms, and situation updates.

### **U.S. Department of Health & Human Services - Centers for Disease Control and Prevention**

CDC COVID-19 Link: [www.cdc.gov/COVID19](http://www.cdc.gov/COVID19)

CDC Steps to Prevent Illness: <https://www.cdc.gov/coronavirus/2019-ncov/about/prevention.html>

CDC Protect your family: <https://www.cdc.gov/coronavirus/2019-ncov/protect/index.html>

CDC Guidance for Schools: <https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/schools-faq.html>

CDC Talking With Your Child about COVID-19: <https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/talking-with-children.html>

### **Michigan Department of Health and Human Services (MDHHS) Resources and Links**

MDHHS COVID-19 Link: <https://www.michigan.gov/coronavirus/>

MDHHS COVID-19 What to do if you have been exposed: [https://www.michigan.gov/documents/coronavirus/Person\\_Exposure\\_Final\\_3-25-2020\\_684832\\_7.pdf](https://www.michigan.gov/documents/coronavirus/Person_Exposure_Final_3-25-2020_684832_7.pdf)

MDHHS COVID-19 Link for Childcare & School Administrators: [https://www.michigan.gov/coronavirus/0,9753,7-406-98178\\_98157---,00.html](https://www.michigan.gov/coronavirus/0,9753,7-406-98178_98157---,00.html)

- MDHHS COVID-19 Hotline: 1-888-535-6136, 8 a.m. to 5 p.m., 7 days a week
- 2-1-1 Hotline: Please dial 2-1-1 to get connected to available mental health resource in your area. Michigan 2-1-1 is a free service that connects Michigan residents with help and answers from thousands of health and human services agencies and resources right in their communities—quickly, easily, and confidentially.